

PRAYER

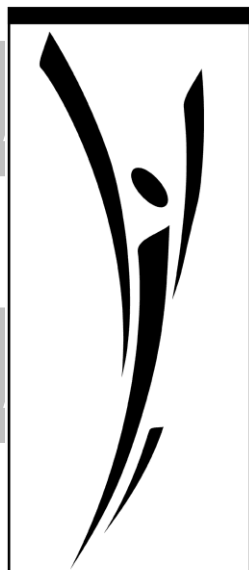
GOD HELPS

PRAYER
PEOPLE
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LIFE

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B

PLANNING GUIDE

PRAYER



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This planning guide is a part of LIFE, a Christian Studies curriculum developed for Lutheran schools.

LIFE is a joint project of the Board for Lutheran Schools of the Lutheran Church of Australia and Openbook Publishers.

God helps people pray is one of twelve concepts covered by LIFE curriculum.

This BAND B planning guide contains model units for three middle years of primary school.

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GOD HELPS PEOPLE PRAY

AIMS

The ultimate aim of LIFE curriculum is that

- students will come to know God as Father, Son and Holy Spirit
- students will have faith in God as their Father, Saviour, and Helper.

We understand that faith is entirely a gift of the Holy Spirit.

We teach in obedience to Jesus' command to go and teach.

*How can people have faith in the Lord
and ask him to save them,
if they have never heard about him?
And how can they hear,
unless someone tells them?
Romans 10:14 (CEV)*

GOD HELPS PEOPLE PRAY

As Christians we believe this and are compelled to tell others.

Our aim in teaching this concept is that students

- hear,
- explore and
- reflect on

these faith statements:

1. God invites people to pray to him in Jesus' name
2. God promises to hear and answer prayer
3. Jesus taught people to pray

BACKGROUND NOTES FOR TEACHERS

GOD HELPS PEOPLE PRAY

WHAT IS PRAYER? Prayer is communicating with God. Christian prayer is an expression of the relationship God has restored with people through Jesus Christ. It is a conversation with God that God initiates; we talk to God because he has spoken to us and invites us to speak to him.

Christian prayer flows from Christian faith. It is based on the gospel of God's love and acceptance for the sake of Jesus Christ. We don't pray in order to get close to God; we pray because God is already and always close to us and invites and encourages us to communicate with him by our words and thoughts, and even just by our deep longings (Romans 8:14–17, 26,27. Note also how already in the Old Testament people of faith, such as Abraham, Moses and the psalmists, spoke with God very intimately, sometimes even 'argued' with God).

God says to each person who believes in Jesus: 'You are my child. I love you. Come and talk to me about any and every part of your life' (Psalm 50:15; Matthew 7:7,8).

ASK, THANK,

PRAISE We can talk to God about anything and everything in our prayers. We praise and thank God for all that he is and all that he does for us. We ask for things we need for our spiritual and our physical life. God encourages us also to pray for other people (1 Timothy 2:1,2; Matthew 5:44).

Our Father wants us to pray regularly, in any situation and at any time (1 Thessalonians 5:17,18): in public or private (Matthew 6:6), in stillness and isolation or in busyness and turmoil.

IN JESUS' NAME We can't talk about prayer without talking about Jesus. Jesus alone makes prayer possible. It is through Jesus that we have access to the Father (John 14:6; Matthew 27:51; Hebrews 10:19–22). Jesus has removed the obstacles and barriers that stop God from hearing prayer, namely, human sin and guilt. We are children of God 'through faith in Christ Jesus' (Galatians 3:26).

Jesus tells us that we should pray 'in his name' (John 16:23). This is like Jesus giving us his credit card and his pin number to draw on God's account. To pray in Jesus' name does not mean just tacking Jesus' name onto our prayers as some kind of magic formula. It means praying with faith in Jesus Christ, approaching God with Jesus' credentials instead of our own.

We ask 'for Jesus' sake' — not because of who we are or what we have done, but because of who Jesus is and what Jesus has done for us.

DOES GOD ANSWER PRAYER? God promises to answer every prayer that comes from faith in Jesus (John 14:13,14; 15:7; 16:23; Matthew 7:7–11; Psalm 50:15). So Christians can pray with complete confidence.

God's answer might be something he **does** (eg healing, protecting, forgiving). Often God wants to use us ourselves as his agents for answering our prayers. Or God's answer might be something he **says** (eg

encouraging, reassuring [eg 2 Corinthians 12:7–10]). This does not mean that we should expect some direct message from God in answer to our prayers (although, of course, God can answer this way if he chooses). But in many instances God's answer to our prayers is already available to us in the things he says to us in the Scriptures. This is one of the reasons why prayer should always be closely linked to reading and hearing God's word.

Christians believe that God answers prayer in his own way and in his own time. Often God's method and timing are better than what we had in mind. Sometimes we see his answer right away. But often we recognise God's answer only when we look back some time later. Because we trust our Father's love and wisdom, we leave it to him to decide. He knows best what we need (Matthew 6:32b).

As Girgensohn has pointed out, in actual fact God has already answered all our prayers in Jesus, even before we pray. 'He himself

When the Holy Spirit leads people to faith in Jesus, he makes it possible for them to pray. Christian prayer is an expression of faith in which we speak to God with the confidence that he will hear us for Jesus' sake.

Theological Foundations of LIFE curriculum

[Jesus] and what is given and promised in him, is the ultimate answer to all prayer'. (*Teaching Luther's Catechism* p 208f, Muhlenberg Press 1959)

NOT A MEANS OF GRACE Some Christians tend to make prayer a 'means of grace', for example, when they say: 'We get God's love (and forgiveness) by praying for it'. Lutherans reject this. God gives these and other blessings to us through his word and the sacraments. It is **God's answer — not our praying** that gets these blessings for us. (Note Luther's explanations of the first four prayers in the Lord's Prayer).

'YOUR WILL BE DONE' As Christians we know that God's will for us (what God wants for us) is always 'good and gracious'. This gives us the confidence to ask unconditionally for those things we know quite clearly that God wants for us — spiritual blessings, such as forgiveness, faith, the gift of the Spirit. However, when we don't know precisely what

God wants for us (for example, physical blessings such as health, work, happy families), we say: 'Father, give us these things if it is your will'.

THE LORD'S PRAYER We learn much about prayer from Jesus' example and teaching. The gospels frequently report that Jesus spent time in prayer (eg Matthew 14:23; and especially his prayer for his disciples [John 17] and his prayers in Gethsemane and on the cross).

The Lord's Prayer teaches us how to pray. For example, we pray as children talking to a loving Father. We get our priorities right: first, things about God ('Hallowed be your name. Your kingdom come. Your will be done . . .'), then things about us ('Give us this day . . .') etc). We say 'our', 'we' and 'us' because we are praying not just for ourselves, but also for others.

The Lord's Prayer is like the framework for our prayers. We fill in the details which might be different each time we pray.

FOR REFLECTION AND/OR DISCUSSION

1. What questions do the *Background Notes* raise for you? What questions do you think your students will have on the topic of Christian prayer?
2. Why is this an important topic to teach to your students? What implications might the topic have for the life of your school?
3.
 - a) Does prayer change us or change God or both?
 - b) Why do some Christians pray to the saints?
 - c) Does God answer the prayers of non-Christians?
4. What is the difference between Christian prayer and non-Christian prayer? between Christian prayer and New Age-style meditation?
5. Is it appropriate to speak about 'the power of prayer'? Does the 'power' lie in the prayer or in the one who answers prayer?

FOR FURTHER READING

Small Catechism, Large Catechism The Lord's Prayer

Teaching Luther's Catechism: The Lord's Prayer.
H Girgensohn, Muhlenberg Press, 1959

'Does prayer work?' *Good Question*, p 106, ed B Schwarz, 1995 Openbook

God for us pp 44–46 D Strelan, 1988 Openbook

BAND B STUDENTS

The students will be learning about prayer as a response to a relationship with God. Christian prayer flows from Christian faith. Keep the gospel central in this unit, as Christians believe that it is because of Jesus that we can approach God with confidence.

When exploring the concept of prayer with Band B students, it is important to remember that not all students in your class have a faith relationship with God. They may not be familiar with or feel comfortable about praying. It is therefore important not to force students to pray. Try to ensure that all students hear the gospel message that they are valued and accepted for Jesus' sake and that God invites them to pray in Jesus' name.

It is equally important to establish clear behavioural expectations in order to respect those students who want to pray. Encourage those students who are unfamiliar with praying to observe what is taking place or to use the time provided to think about issues which are important to them.

While exploring the concept of prayer, look for opportunities to share with the students your feelings about and experiences with prayer and the way God has answered your prayers.

When praying in the classroom, keep in mind the following:

- Keep the prayer brief and simple.
- Relate the prayer to students' experiences.
- Use everyday words.
- Avoid giving students the impression that prayer provides the opportunity to obtain anything wished for.

<i>DEVELOPMENTAL CHARACTERISTICS</i>	<i>IMPLICATIONS FOR TEACHING</i>
Students are action oriented.	Provide opportunities for students to be actively involved in writing and saying their own prayers, using a variety of forms.
Students have a growing interest in global issues and express concern for those who suffer injustice.	Provide opportunities for students to construct and pray prayers for others. Direct students to explore ways they can be involved in assisting those people who have been prayed for.
Students are able to commit information to memory.	Encourage students to learn prayers, such as the Lord's Prayer.
Students experience intense feelings and are growing in their awareness of sources or causes of feelings.	Explore with students ways of dealing with feelings and the role prayer can play.
Students use imagination and insight to explore ideas and experiences.	Provide opportunities for students to present creatively and describe ideas from psalms and prayers.

Students are developing skills of personal reflection.



Provide students with controlled periods of quiet, using a variety of meditative styles and aids.

Provide opportunities for students to reflect on the ideas and insights presented in psalms, Bible passages and prayers.