	CATEGORY	ASSET NAME AND DEFINITION
EXTERNAL ASSETS	Support	<ol> <li>Family support         <ul> <li>Family life provides high levels of love and support.</li> </ul> </li> <li>Positive family communication</li></ol>
	Empowerment  Boundaries and Expectations	<ol> <li>Community values children         Children feel that the family and community value and appreciate children.</li> <li>Children are given useful roles         Children are included in age-appropriate family tasks and decisions and are given useful roles at home and in the community.</li> <li>Service to others         Children serve others in the community with their family or in other settings.</li> <li>Safety         Children are safe at home, at school, and in the neighbourhood.</li> <li>Family boundaries         The family has clear rules and consequences and monitors children's activities and whereabouts.</li> <li>Out-of-home boundaries         Schools and other out-of-home environments provide clear rules and consequences.</li> <li>Neighborhood boundaries         Neighborhood boundaries         Neighbours take responsibility for monitoring children's behaviour.</li> <li>Adult role models         Parents and other adults model positive, responsible behaviour.</li> <li>Positive peer interaction and influence         Children interact with other children who model responsible behaviour with opportunities to play and interact in safe, well-supervised settings.</li> <li>Appropriate expectations for growth         Adults have realistic expectations for children's development at this age.         Parents, caregivers, and other adults encourage children to achieve and develop their unique talents.</li> </ol>
	Constructive Use of Time	<ul> <li>17. Creative activities Children participate in music, art, drama, or other creative activities for at least three hours a week at home and elsewhere.</li> <li>18. Out-of-home activities Children spend one hour or more each week in extracurricular school activities or structured community programs.</li> <li>19. Religious community The family attends religious programs or services for at least one hour per week.</li> <li>20. Positive, supervised time at home Children spend most evenings and weekends at home with their parents in predictable, enjoyable routines.</li> </ul>

	Commitment To Learning	<ul> <li>21. Achievement expectation and motivation Children are motivated to do well in school and other activities.</li> <li>22. Children are engaged in learning Children are responsive, attentive, and actively engaged in learning.</li> <li>23. Stimulating activity and homework Parents and teachers encourage children to explore and engage in stimulating activities. Children do homework when it's assigned.</li> <li>24. Enjoyment of learning and bonding to school Children enjoy learning and care about their school.</li> <li>25. Reading for pleasure Children and an adult read together for at least 30 minutes a day. Children also enjoy reading or looking at books or magazines on their own.</li> </ul>
- N T E R N A L	Positive Values	<ul> <li>26. Caring Children are encouraged to help other people.</li> <li>27. Equality and social justice Children begin to show interest in making the community a better place.</li> <li>28. Integrity Children begin to act on their convictions and stand up for their beliefs.</li> <li>29. Honesty Children begin to value honesty and act accordingly.</li> <li>30. Responsibility Children begin to accept and take personal responsibility for age-appropriate tasks.</li> <li>31. Healthy lifestyle and sexual attitudes Children begin to value good health habits and learn healthy sexual attitudes and beliefs as well as respect for others.</li> </ul>
ASSETS	Social Competencies	<ul> <li>32. Planning and decision making Children begin to learn how to plan ahead and make choices at appropriate develop mental levels.</li> <li>33. Interpersonal skills Children interact with adults and children and can make friends. Children express and articulate feelings in appropriate ways and empathise with others.</li> <li>34. Cultural competence Children know about and are comfortable with people of different cultural, racial, and/or ethnic backgrounds.</li> <li>35. Resistance skills Children start developing the ability to resist negative peer pressure and dangerous situations.</li> <li>36. Peaceful conflict resolution Children try to resolve conflicts nonviolently.</li> </ul>
	Positive Identity	<ol> <li>Personal power         Children begin to feel they have control over things that happen to them. They begin to manage frustrations and challenges in ways that have positive results for themselves and others.     </li> <li>Self-esteem         Children report having high self-esteem.     </li> <li>Sense of purpose         Children report that their lives have purpose and actively engage their skills.     </li> <li>Positive view of personal future         Children are hopeful and positive about their personal future.     </li> </ol>