

## Abstract for Workshop - ACLE4, Brisbane, October 2013

### Deb Hollis

BEd (Performing Arts/Media)

Assistant Head of Middle School, Luther College

2008 – current

Previous employment:

Wesley College, Melbourne

Yarra Valley Grammar, Melbourne

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### Helen Presser

BEd (Mathematics/English), Grad Cert Edu Law

Executive Assistant to the Principal, Luther College

2002 – current

Previous employment:

Advertising Development Solutions, Melbourne

Spectrum Research, Melbourne

Cadbury Schweppes, Melbourne

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**Presentation style:** Workshop (presentation and interactive activity) – 45 minutes

**Title:** Having it all – creating a work life balance

**Why:** In schools today everyone seems to get busier by the moment. How do you meet the high expectations of your school, its students and parents and maintain a sane home environment?

**Audience:** Teaching Staff and Administration Staff, Primary or Secondary, others as desired.

### Synopsis:

How do you reconcile the demands of delivering a quality education and service to students and their parents with the need to provide a solid home and personal life? Deb and Helen cover “having it all” from both a teaching and administration staff perspective. They will investigate the topic within the context of the ethos and culture of the Lutheran school when compared to other work environments. The session will use both the presentation of research and participation in interactive tasks to investigate strategies for employees on how to allow the ethos and culture of the Lutheran school to transform your approach to work and home demands.