NATIONAL LUTHERAN PRINCIPALS CONFERENCE 2016

KEEP THE FIRE BURNING

CONFERENCE PROGRAM AND REGISTRATION

15 MAY - 18 MAY

P A L M C O V E , C A I R N S

ENQUIRIES AND INFORMATION - SHANE PATERS ON
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Welcome

After a very successful National Lutheran Principals Conference in Alice Springs in 2014, we have continued to mould our conference together under the canopies of wellbeing, collegiality and supporting our more remote schools and church communities.

As we meet in sunny Cairns we look forward with great anticipation to once again bringing all principals and extended leadership teams together for a time of collegial support, networking and yes – rest!

The program for the Principals conference this year focuses on how to “keep the fires burning” – physically, spiritually, personally and professionally. It looks at the need to not only stay healthy and strategies to do this, but also how to develop, grow and nurture a stimulating school workplace/environment.

With expert speakers on a range of subject matter including Practical Resilience (physical vitality, stress mastery, spirit in action) the conference will help you take stock of your life and workplace, and whether you have all the knowledge and tools at hand to be able to survive and thrive in today’s changing educational scene.

One might easily conclude that the Bible is all about work and no play...as it speaks negatively about sloth and idleness – Pr 6:6-11; 1Ti 5:13 and it speaks positively about labour and work – Ep 4:28; 1Th 4:11

Yet Jesus also spoke of the need to rest...

- After His disciples had returned from fulfilling the Limited Commission – Mk 6:30
- Encouraging them to come aside to a deserted place and rest a while – Mk 6:31

As Jesus encouraged [t]hen, because so many people were coming and going that they did not even have a chance to eat, he said to them, “Come with me by yourselves to a quiet place and get some rest.” [Mark 6:31]

Despite advances in labour-saving technology, it seems we are more stressed than ever. As physical strength requires both exercise and rest, so it is with spiritual strength. We can be thankful that in the wisdom of God there is to be opportunity for both.

One of the recommendations from the Principal Health and Wellbeing survey results of 2011-2014 was to support an improvement in the wellbeing of principals and deputies. We need to provide opportunities for principals and deputy/assistant principals to engage in professional support networks on a regular basis. While our conferences might not be as regular as some would like, we hope that they do provide an opportunity to engage in professional support and we hope that our more regional networks will continue the work started.

We value your presence and hope and pray that you will be able to join us. Let’s face it, the job is changing and as Adam Fraser said – we need to make space in our busy schedules to look after ourselves so that we can do the best we can for our students, staff and families and ultimately, God. So I urge you to make the time and space to attend this conference and not to feel guilty about the time being away from your schools.

Remember and apply what the Bible says about the need to ‘come away’ and to also rest and so I hope to see you at the Principals Conference in Cairns in May.

God bless.

Sharon Kotzur
Chair
Lutheran Principals Australia

Lutheran Education Australia is again pleased to support Lutheran Principals Australia for the 2016 National Lutheran Principals Conference. The 2014 conference held in Central Australia enabled a focus on the past, present and future LCA, Lutheran education and Indigenous communities’ partnerships in Hermannsburg and Alice Springs.

The 2016 conference will be located in Cairns. Our newest Lutheran school in North Queensland is Peace Lutheran College (est 1994), but Lutheran education’s history is rich and long in the far north of Queensland.

Bloomfield Mission School, Bloomfield, operated from 1886-1901 and Hope Vale Lutheran School, Hope Vale, had a 75 year existence from 1899 to 1974. Bloomfield is a place 185km north of Cairns and near Wujal Wujal. Hopevale is a further 105km north of Bloomfield, and 47km north of Cooktown.

LEA commends LPA for taking the National Lutheran Principals Conference to these important places; not just because it allows us to acknowledge and appreciate our past journeys, but these experiences enable us to reflect on a rich history to better build an engaging, purposeful and strong future.

Stephen Rudolph
Executive Director
Lutheran Education Australia

NATIONAL LUTHERAN PRINCIPALS CONFERENCE 2016
PROGRAM

Pre-Conference:
Early career principals (5 years or less) have been invited to attend pre-conference activities which have been developed to support them in their role, provide a time to share, discuss and reflect and to build networks. The pre-conference program begins on Saturday 14th May (from 3:30pm).
For all other conference delegates, the conference commences Sunday 15th May (from 3:00pm).

Pre-conference program (early career principals)
Saturday 14th May
3:30pm  Thriving in your first contract
5:30pm  Dinner

Sunday 15th May
9:00am  The role of the principal
12 midday Lunch and close

Conference program (all delegates)
Sunday 15th May
3:00pm  Bus to Peace Lutheran College, Cairns
• Opening worship
• School tour and school Showcase
• Reuther Oration (delivered by Richard Hauser)
• Dinner (prepared by Cairns congregation)
8:00pm  Return to Palm Cove

Monday 16th May
7:30 or 8:15  Devotion by the beach
9:00am  Practical Resilience – Session one [presented by Peta Sigley from Resilience Institute]
10:30am  Morning tea
11:00am  Practical Resilience – Session two
12:30pm  Lunch
1:30pm  LPA members’ session – Strategic pathways
2:30pm  Lutheran Super presentation
3:00pm  LEA presentation
4:00pm  Recreation time
6:30pm  Drinks and Dinner

Tuesday 17th May
8:30am  Devotion
8:45am  Practical Resilience – Session three
10:00am  Morning tea
10:30am  Practical Resilience – Session four
11:45am  Prepare for afternoon activities
12:15pm  Depart for recreational activities
-  Hartley’s Crocodile Adventure  http://www.crocodileadventures.com/  (or)
6:30pm  Drinks and Dinner

Wednesday 18th May
8:30am  Keep the Fires Burning [presented by Wayne Brabin from Loyola Institute]
10:30am  Morning tea / Conference close
11:30am  Post conference activities
PRESENTERS

**Peta Sigley**

Peta Sigley is a Principal with The Resilience Institute in Australia. She has an extensive business management background including human resources, having worked in large corporations (transport and banking) education and a philanthropic youth organisation, with particular focus on Indigenous projects. Her academic credentials include economics, psychology and counselling.

Over the last decade Peta has put her resilience to the test supporting her partner with a chronic illness whilst maintaining her career and family cohesion. Undoubtedly, Peta is a strong role model for her children and those who have witnessed this journey of positivity, courage and optimism.

Peta’s client focus includes the transport sector, accounting, banking and finance, education and not-for-profit organisations. Her first hand understanding of the pressures faced by individuals, teams and organisations enables clients to feel fully engaged and understood. Peta’s facilitation style is open and empathy based, with a key focus on client led programs and workshop development. Clients have consistently rated Peta’s knowledge and presenter style as outstanding, appreciating her candour and personal experience as invaluable to the topic of resilience.

**Wayne Brabin**

Wayne is the Director of the Loyola Centre of Ignatian Spirituality, Adelaide. The focus of Loyola is to provide opportunities for people to reflect freely on how God is present in their lives and the world and to create space to experience an authentic response to that presence.

Wayne is married with four grown up children and has an extensive human resource and human development background covering the corporate and community services sectors. He is a trained spiritual director and experienced retreat guide who has received his formation and conducted retreats of varying styles over many years in Australia, Spain and Hong Kong. His particular interests are in offering spiritual formation and leadership support across all faith dimensions to those working in education and parishes and in adapting the Spiritual Exercises of St Ignatius in all forms to enable God to be experienced ‘in all things’.

**Dr Richard Hauser**

Richard commenced his service in Lutheran schools in 1970 at Concordia College, Highgate SA. In 1971 he moved to St Pauls College, Walla Walla NSW, which was followed by teaching appointments at Luther College, Croydon Vic, and Concordia College, Toowoomba Qld. Richard was appointed as the foundation Principal of Good Shepherd Lutheran College, Noosa (Qld) in 1992 and in 2002 was appointed as Principal at Redeemer Lutheran College, Rochedale Qld, where he finished his career in Lutheran education in 2008.

Richard’s service to his Lord and to Lutheran education was not confined to his roles within schools. Richard served variously on the Board for Lutheran Education Australia, Lutheran Education Qld Schools Council, and served as chair of primary schools in Melbourne and Toowoomba. Richard was a keynote speaker at the inaugural ACLE conference on the subject of the history of Lutheran education in Australia and is the author of two books which explore this topic: ‘The Patriarchs’ (2009) and ‘The Pathfinders’ (2012).

Richard is retired and lives with his wife Silvija at Noosa on Queensland’s Sunshine Coast where he is involved in his congregation and the wider Lutheran educational scene as well as following a variety of interests including history, literature, cinema, walking and hosting relatives and friends at the Hauser family compound. Richard and Silvija have four children and seven grandchildren.
GENERAL INFORMATION

Registration: Please use the following link to register for the conference [https://www.surveymonkey.com/r/NLPC2016](https://www.surveymonkey.com/r/NLPC2016). If you are unable to attend the conference could you please also indicate using this link.

Partners: Partners are more than welcome to attend the conference. Partners can be registered using the link above and are to be included as part of your registration.

Accommodation: Accommodation at competitive rates has been arranged with Peppers, Palm Cove. Conference participants are to arrange their own accommodation. Please use the attached form to do this and return directly to Peppers (not LEA). These rates will apply to pre and post conference bookings.

Conference cost: Due to a high level of support from our business partners and by using some of LPA resources we have been able to keep the conference cost to a minimum. Sponsorship from our business partners has been used to subsidise the conference cost for principals. This subsidy has been applied to the cost of all speakers and related expenses. Consequently the cost to principals and partners covers expenses incurred for activities, some transport, and meals / drinks. Accommodation and travel are not included.

Cost:
- Principals - $590
- Partners - $590

Pre / Post – conference activities: There are a range of activities which will be available pre or post conference. Peppers are arranging competitive rates for those who wish to participate in these. These bookings can be made upon arrival.

Conference logo: The conference logo has been designed by Cornerstone College student, Natasha Harvey.

Sponsors: LPA wish to acknowledge the generous support of this conference from our business partners.
Practical Resilience

For Health, Happiness & Success from The Resilience Institute.

**Resilience is an evidence-based, integral method for professional and personal fulfilment.**

‘Practical Resilience’ gives you the knowledge, skills and inspiration to achieve sustainable performance with health and happiness.

**Practical Resilience**

Practical Resilience is an interactive learning workshop that introduces participants to the fundamentals of Resilience and explores four key areas:

**Physical Vitality**
Building energy, strength and endurance.

**Stress Mastery**
Maintaining calm, alertness and engagement.

**Performance Mindset**
Aligning your mind and emotions for performance.

**Spirit in Action**
Authentic happiness and integral daily practice.

This workshop is about moving **beyond** coping to thriving. People leave our programs motivated and engaged, with practical changes to make immediately.

**The workshop includes:**

- A personalised Resilience Diagnostic report (online self-assessment with results debriefed in the workshop)
- Evidence-based, best-practice tools for overcoming stress and fatigue and rejuvenating performance
- Post Workshop Resilience Diagnostic reassessment

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**About the Resilience Institute**

Over 60,000 people worldwide have taken a Resilience Institute program.

The Resilience Institute presents a global framework for companies to help their employees and their organisation progress toward higher performance, supported by its practical, evidenced-based, integral approach to uplifting human potential.

The Resilience Institute works with people and organisations (of all sizes and industries, worldwide) to create sustainable high-performance.

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Peta Sigley was engaging and knowledgeable about all aspects of the program. Her links to the everyday in educational leadership made it extremely relevant.

*Catherine McMahon, AEU Well-being for Leaders*
Accommodation & Transfer Reservation Request Form for Peppers Beach Club & Spa

NOTE: All details must be completed accurately to confirm booking. Booking is subject to availability until confirmed by hotel. Discounts apply for bookings made prior to 14 February 2016 – see rates below.

GUEST DETAILS

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Accommodation options: *Additional breakfast available, please add $20 per person per night to the below rates. Maximum capacities apply to all room types.

- Resort Spa Room Single - $219 per room per night including breakfast for one adult
- Resort Spa Double - $239 per room per night including breakfast for two adults
- Resort 1 Bedroom Suite Double/Twin - $284 per room per night including breakfast for two adults
- Resort 2 Bedroom Suite - $284 per room per night including breakfast for two adults
- Resort Spa Room Single - $209 per room per night including breakfast for one adult – booked prior to 14 Feb
- Resort Spa Double - $229 per room per night including breakfast for two adults – booked prior to 14 Feb
- Resort 1 Bedroom Suite Double/Twin - $279 per room per night including breakfast for two adults – booked prior to 14 Feb
- Resort 2 Bedroom Suite - $376 per room per night including breakfast for two adults – booked prior to 14 Feb

Airport Transfers: Seat in coach - Complimentary

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Accommodation Cancellation Policy

Cancellations made up to 14 days prior to arrival incur a cancellation fee of $200. Cancellations made within 30 days of arrival incur a fee of 50% of the total accommodation costs.
Cancellations made within 48 hours of arrival incur a full fee of 100% of the total accommodation costs.

Credit Card Details

In order to confirm your booking a $200 non-refundable deposit is required at time of booking. Final payment must be received no later than 14 days prior to arrival. At this time your credit card will be charged to the total outstanding amount. For bookings made within 14 days of arrival or bookings for 1 night only, full payment is required at time of booking. There is a 2% merchant fee on all credit card transactions.

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I hereby accept the terms and conditions and cancellation policy as stated above (please sign below)

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